



Children's Lymphoedema Camp Minella Hotel, Clonmel, Co. Tipperary

Saturday October 20th 2018

10am-10.30am Registration (tea/coffee/scones provided)

10.30-11.00am Opening — Prof Peter Mortimer, Consultant Dermatologist/Specialist in Lymphovascular Medicine

11.00 -12.30pm Group education / Q&A session, finishing with a quiz for children and siblings (or other activity to be age appropriate)

12.30pm—1.30pm Lunch

1.30pm- 3-15pm Self care, self bandaging, 1 therapist per family

3.30pm-4.30pm Group movement/ exercise class

Sunday October 21st 2018

10.30-12.00pm **Regroup for some Fun Aqua Lymphatic Therapy**

Please note places are limited to 10 children accompanied by a parent or responsible adult.

Closing date for submission of completed application form is July 31st 2018. Successful applicants will be contacted by mail.



For further details and Application form

Please email

info@nlfireland.ie